



JANUARY 2015



WCSC Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5 Crispy Chicken Tenders Potato Bites Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	6 Popcorn Shrimp Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	7 Chicken Bites w/ Roll Mashed Potatoes w/gravy Edamame Succotash Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	8 Chicken Alfredo Broccoli Rice Krispie Treat Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	9 Texas BBQ Pork Sandwich Baked Beans Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs
12 Beef Gyros on Flatbread Roasted Baby Baker Potatoes Veggie Cup Fruit Variety Milk <u>Second Choice</u> Deli Sandwich	13 Chicken Soft Taco Refried Beans Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Deli Pinwheel	14 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk <u>Second Choice</u> Deli Sandwich	15 Tangerine Chicken w/ Fortune Cookie Mini Egg Roll Broccoli Veggie Cup Fruit Variety Milk <u>Second Choice</u> Deli Pinwheel	16 Pita Bread Pizza Hummus w/ Veggie Sticks Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Deli Sandwich
19 Grilled Cheese Bacon Potato Soup Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mexican Crispito	20 French Toast Sticks w/ Sausage Potato Bites Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mexican Crispito	21 Chicken Bites w/ Roll Mashed Potatoes w/gravy Fiesta Bean Salad Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mexican Crispito	22 BBQ Chicken Strips w/ Roll Au Gratin Potatoes Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mexican Crispito	23 Italian Pasta Bake w/ Garlic Breadstick Parmesan Broccoli Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mexican Crispito
26 Chicken Parmesan Sandwich White Beans w/ Bacon California Mix Veggies Veggie Cup Fruit Variety Milk <u>Second Choice</u> Crispy Chicken Wrap	27 Chili, Chips & Cheese Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Spicy Chicken Sandwich	28 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Broccoli w/ Cheese Veggie Cup Fruit Variety Milk <u>Second Choice</u> Crispy Chicken Wrap	29 Pot Roast over Noodles Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Spicy Chicken Sandwich	30 Hotdog Tater Tots Veggie Cup Fruit Variety Fresh Baked Cookie Milk <u>Second Choice</u> Crispy Chicken Wrap

3rd Choice Daily- Pizza



WCSC Farm To School Program Update....

We are so excited to be offering our students fresh romaine lettuce from Bud's Farm! Bud's lettuce is chemical and pesticide-free. Bud is picking the lettuce in the morning and delivering it to our schools the same day!!