



JANUARY 2018



WCSC Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		3 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Carrots Veggie Cup Fruit Variety Milk <u>Second Choice</u> Cheeseburger	4 Chicken Alfredo Broccoli Veggie Cup Fruit Variety Milk <u>Second Choice</u> Cheeseburger	5 Citrus Herb Baked Tilapia w/ Homemade Garlic Cheese Biscuit Green Beans Veggie Cup Fruit Variety <u>Second Choice</u> Cheeseburger
8 Toasted Stromboli Grinder Roasted Baby Baker Potatoes Veggie Cup Fruit Variety Milk <u>Second Choice</u> Chicken Fillet Sandwich	9 Pollo Con Queso Tostito w/ Salsa Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Spicy Chicken Sandwich	10 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Cauliflower w/ Cheese Veggie Cup Fruit Variety Milk <u>Second Choice</u> Chicken Fillet Sandwich	11 Tangerine Chicken w/ Fortune Cookie Vegetable Fried Rice Edamame w/ Asian Glaze Veggie Cup Fruit Variety Milk <u>Second Choice</u> Spicy Chicken Sandwich	12 Buffalo Chicken Quesadilla Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Chicken Fillet Sandwich
Martin Luther King Day No School		16 Spicy Southwest Grilled Cheese Pizza Soup Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone	17 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Fiesta Bean Salad Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone	18 BBQ Chicken Strips w/ Roll Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone
15 Martin Luther King Day No School	16 Spicy Southwest Grilled Cheese Pizza Soup Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone	17 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Fiesta Bean Salad Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone	18 BBQ Chicken Strips w/ Roll Macaroni & Cheese Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone	19 Spaghetti w/ Garlic Twisted Breadstick Parmesan Roasted Asparagus Veggie Cup Fruit Variety Milk <u>Second Choice</u> Italian Calzone
22 Chicken Parmesan Sandwich White Beans w/ Bacon Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	23 Chili, Chips & Cheese Corn Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	24 Chicken Smackers w/ Roll Mashed Potatoes w/gravy Broccoli w/ Cheese Veggie Cup Fruit Variety <u>Second Choice</u> Mini Corndogs	25 Pot Roast over Noodles Mashed Potatoes Green Beans Veggie Cup Fruit Variety Milk <u>Second Choice</u> Mini Corndogs	26 French Toast Sticks w/ Sausage Hashbrown Veggie Cup Warm Cinnamon Apples Fruit Variety Milk <u>Second Choice</u> Mini Corndogs

3rd Choice Daily- Primo Pizza

4th Choice Daily- Salad w/ Bosco Stick

Eat Fresh. Energize. Learn...

Citrus Herb Baked Tilapia- A fresh Tilapia filet sprinkled with a sweet lemon, basil, thyme seasoning and parmesan cheese.

Pollo Con Queso- Tender seasoned chicken served over a bed of spanish rice topped w/ warm queso cheese sauce.

BBQ Chicken Strips- All white meat, grilled chicken strips served in our sweet n' tangy BBQ sauce.

Pot Roast over Noodles- Oven roasted fork-tender beef pot roast served over tender egg noodles.