




JANUARY 2018



WCSC Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>ENERGIZE YOUR DAY WITH SCHOOL BREAKFAST!! \$1.35</p> <p>Breakfast is served at all schools at least 20 minutes before school begins.</p>		3 French Toast Sticks Fruit Variety Milk	4 Biscuit & Gravy Fruit or Fruit Juice Milk	5 Bacon & Cheese Scrambled Eggs w/ Toast & Jelly Fruit Variety Milk
8 Sausage Gravy Pizza Fruit or Fruit Juice Milk	9 Breakfast Burrito Fruit Variety Milk	10 Pancakes Fruit Variety Milk	11 Biscuit & Gravy Fruit or Fruit Juice Milk	12 Blueberry Muffin Fruit & Yogurt Parfait Fruit Variety Milk
15 Martin Luther King Day No School	16 Manager's Special	17 French Toast Sticks Fruit Variety Milk	18 Biscuit & Gravy Fruit or Fruit Juice Milk	19 Bacon & Cheese Scrambled Eggs w/ Toast & Jelly Fruit Variety Milk
22 Sausage Gravy Pizza Fruit or Fruit Juice Milk	23 Bacon, Egg & Cheese on Ciabatta Roll Fruit Variety Milk	24 Mini Eggo Blueberry Pancakes Fruit Variety Milk	25 Biscuit & Gravy Fruit or Fruit Juice Milk	26 Blueberry Muffin Fruit & Yogurt Parfait Fruit Variety Milk

A second choice breakfast entrée is available at all elementary schools:

M-W-F: Cereal w/ Honey Graham Crackers
T-TH: PopTart



Benefits of a Healthy Breakfast

Studies have consistently shown that students who eat breakfast benefit nutritionally and educationally. Starting the day with breakfast has been associated with improved academic performance, improved classroom behavior and attentiveness, and fewer visits to the nurse. Busy parents also benefit tremendously from the SBP because their children will receive a healthy, balanced, and affordable meal at school that eases the burden of their hectic morning rush.

This institution is an equal opportunity provider.